



BOCA HAWAII 30K • RACE DAY INFORMATION

LOCATION: Kapiolani Park Band Stand on the ocean side

PARKING: Free parking is available at Kapiolani Park at the bandstand parking lot and around the park. Please avoid parking on Kalakaua ave near the start and finish of the race.

START: 0500 start time. Runners will assemble at the starting line 10 minutes before start for race instructions. Participants who do not cross the start line will not receive an official time.

WALKERS START: Any participant who will be running/walking slower than a 15 minute mile may start at 0400 for an unofficial start (walkers will be reflected on the 30K walk division results and not eligible for age group awards). Please report to the finish line at 0345 for instructions.

RESTROOMS: Restrooms are available on the Shell side of the band stand

RACE NUMBERS: Timing chips are ATTACHED TO THE BACK OF YOUR RACE BIB NUMBER. Please make sure to wear your bib on race morning to ensure a race time. Wear your race number on the front where it is clearly visible; this is for our back up timing. **Results will be posted at www.808racehawaii.com and timelinehawaii.com**

COURSE: Please go online to www.808racehawaii.com for race map. The race starts in Kapiolani Park, runs clockwise to Diamond Head Road right turn on 18th Ave right turn on Kilauea Avenue, right turn to Kalaniana'ole Hwy. U-turn on Kalaniana'ole near Hawaii Kai Drive back to Kealaolu Ave to Kahala Ave onto Diamond Head Road, left turn to Kalakaua and finish at Kapiolani Park.

AID STATIONS: Come well hydrated for the race. There are 8 aid stations on the course; each aid station will be serving cold water and Gatorade. Please do not pass any aid station without stopping to get a drink, we are expecting a humid race and hydration is key.

EVENT SHIRTS: Shirts will be distributed at packet pick up. Size exchanges and late shirt pick-ups can be done at the registration tent on race morning.

AWARDS CEREMONY: The award ceremony will be around 0900 at the finish line area.

For Results please visit us at www.808racehawaii.com and join us on **Facebook** under 808 Race.

GOOD LUCK!