



RUNNING ROOM Val Nolasco HALF MARATHON

Race Day Info

LOCATION: Kapiolani Park - near Band Stand on the ocean side

PARKING: Free parking is available at Kapiolani Park at the bandstand parking lot and around the park. Please avoid parking on Kalakaua ave near the start and finish of the race. For best parking options, it is recommended to arrive up to 1 hour early.

START: 0530 start time. Runners will assemble at the start line area 10 minutes before start for race instructions. Participants who do not cross the start line (timing mat) will not receive an official time.

RESTROOMS: Restrooms (public & porta potties) are available on the mountain side of the Kapiolani Park band stand, and one porta-potty will be at Triangle Park (mile 2.5, mile 11)

RACE NUMBERS: Timing chips are ATTACHED TO THE BACK OF YOUR RACE BIB NUMBER. Please make sure to wear your bib on race morning to ensure a race time. Wear your race number on the front where it is clearly visible; this is for our back up timing. Results will be posted at www.808racehawaii.com and timelinehawaii.com.

COURSE: Please go online to www.808racehawaii.com for race map. The race starts at Kapiolani Park, runs clockwise to Diamond Head Road, right turn on 18th Ave, right turn on Kilauea Avenue, right turn to Kalaniana'ole Hwy at Aloha gas station. U-turn just after Wailupe circle, back to gas station, left turn on Kealaolu Ave, right to Kahala Ave, straight up Diamond Head road, slight left on to Kalakaua Ave and finish at Kapiolani Park.

AID STATIONS: Come well hydrated for the race. There are 3 main aid stations on the course. You will encounter each station twice on the out and back; each aid station will be serving cold water and Gatorade.

EVENT SHIRTS: Shirts will be distributed at packet pick up. Size exchanges and late shirt pick-ups can be done at the registration tent on race morning.

AWARDS CEREMONY: The award ceremony will be around 0800 near the finish line area. For Results please visit us at www.808racehawaii.com and join us on Facebook under 808 Race. During race, finish times will be updated and can be viewed at: timelinehawaii.com